

LORING HALL GEYMATA

With Chef Takis

“Winter-Briam” (Greek Ratatouille)

Ingredients

5-6 Servings

5-6 Large potatoes
4-5 carrots
4-5 zucchinis
1 onion
4-5 fresh spring onions
1-2 leeks
1 tomato
1 green pepper
1 red pepper
2 chopped garlic cloves
Roughly cut parsley
Salt
Pepper
Sugar
450ml or 17oz of tomato juice
Olive oil

Optional:
1-2 eggplants

